

MONDAY, MARCH 26

Course	Description	Instructor	Day	Time
Natural Gas Emergency & Pipeline Safety	A variety of measures are used to ensure pipeline safety. This course is designed to focus on education about how our gas system works, including characteristics of natural gas, locating gas pipe lines, and the use of 811. Other topics include: how residential meters operate, various pressures operated and types of gas lines used such as steel, plastic, etc.	Ryan Hansen & Joshua Shell	Monday	1pm to 3pm
Why Wellness is Important to Health & Safety	There is a direct connection between safety and wellness, however many see and treat these as separate entities and manage them in separate departments. Work health safety training is essential for each individual in the workplace. Wellness is health in mind, body, and spirit and so much more than just not being sick. Wellness essentially means feeling good and taking care of your body as well as liking yourself. This course is designed to educate about the five "Dimensions of Wellness" and the means to utilize them to improve our health and happiness as well as workplace safety.	Judy Heatwole	Monday	1pm to 3pm
Intro to the Seven Habits	Our character is a composite of our habits. Due to there consistency, habits constantly express our character and produce our effectiveness or ineffectiveness. This introduction course is designed to help your organization achieve sustained superior results by focusing on making individuals and leaders more effective. Participants gain hands on experience, applying timeless principles that yield greater productivity, improve communication, strengthen relationships, increase influence, and laser-like focus on critical priorities. This training is beneficial for all level employees as well as the employer.	Bryan Matsuoka	Monday	1pm to 3pm
Worker's Comp. Compliance, Benefits, and Rehabilitation Services	If a work-related injury or illness does occur at your worksite, you want to be prepared. You need to know what steps to take and who to contact when responding to emergency and non-emergency situations. It is important that this process is done quickly and fairly. This course is designed as an interactive discussion to review the Idaho Industrial Commission's compliance requirements, legal rights and responsibilities of the employer in the workers' compensation system, and the rehabilitation services offered in the event of an injured employee.	Greg Herzog, Kate Miller, and Vee Bustos	Monday	1pm to 4pm
Lead Safe to Be Safe - How to create a Safety Culture	Safety is more than policies, procedures, and protective gear. If you want people to act safe, you need to create a culture of safety. Having the right culture will help to reinforce everyone's commitment to safety. It takes leadership, teamwork, and a plan. This course is designed to highlight what you need to know to help engage your team to make safety a part of your company culture.	Mark Stevens	Monday	1pm to 4pm
OSHA 10 - General Industry (Day One)	The OSHA 10 Training Program for General Industry is intended to provide training for workers and employers on the recognition, avoidance, abatement, and prevention of safety and health hazards in workplaces of general industry. The program also provides information regarding workers' rights, employer responsibility, and how to file a complaint. Through this training OSHA helps to ensure that workers are more knowledgeable about workplace hazards and their rights. Some topics include: Personal Protective Equipment (PPE), Hazard Communications, Electrical, Walking Working Surfaces, and many other exciting topics you do not want to miss. The 10-hour OSHA course is taught over a two day period and you MUST attend both days in order to receive an OSHA certification wallet card.	Richard Fesler	Monday	1pm to 5pm
Rigging Application and Inspection	This course is designed to give beginners, and those who work in the vicinity of rigging activity, the ability to recognize potential hazards. The course will include topics such as Basic Rigging Plans, Load Control Basics, The Rigging Triangle, and Application and Inspection of Hardware and Slings.	Al Miller	Monday	3pm to 5pm

Insurance 201	In today's time it is crucial that everyone educate themselves with all aspects of insurance. This dynamic course is designed to help address many confusing issues involving commercial insurance, the Affordable Care Act Essential Benefits, what happens if you are still working beyond 65 and other frustration factors such as penalties for out of network and how to read an EOB. Highlights of changes/disruptions in healthcare will also be included. This content plus Q&A will help transform the hassle factor in healthcare - one patient, one family, one employer, one community at a time.	Day Egusquiza	Monday	3pm to 5pm
Communication Techniques to Effect Change	Employees who are heard, valued, and engaged are the best stewards for safety results. The course is designed as an introduction to Obeya as a methodology to improve communications. Obeya promotes the coordination and communication across all departments. It removes the silos and helps teams find and implement solutions quickly. The course will discuss the theory behind Obeya and how it can be used in your organizations fully or in part. The course will be interactive and will practice developing tools for your own Obeya.	Valerie Waterland	Monday	3pm to 5pm

TUESDAY, MARCH 27

Course	Description	Instructor	Day	Time
OSHA 10 - General Industry (Day 2)	The OSHA 10 Training Program for General Industry is intended to provide training for workers and employers on the recognition, avoidance, abatement, and prevention of safety and health hazards in workplaces of general industry. The program also provides information regarding workers' rights, employer responsibility, and how to file a complaint. Through this training OSHA helps to ensure that workers are more knowledgeable about workplace hazards and their rights. Some topics include: Personal Protective Equipment (PPE), Hazard Communications, Electrical, Walking Working Surfaces, and many other exciting topics you do not want to miss. The 10-hour OSHA course is taught over a two day period and you MUST attend both days in order to receive an OSHA certification wallet card.	Richard Fesler	Tuesday	8am to 5pm
ASHI CPR/First Aid/AED	The ASHI CPR/FIRST AID/AED course is OSHA approved and designed to teach the critical skills necessary to respond to and manage a first aid, choking, or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives. Students learn such skills such as how to treat bleeding, sprains, broken bones, shock, adult and child CPR/AED use, and many other first aid emergencies.	Aaron Keyes	Tuesday	8am to 12pm
CPR-AED	The CPR/AED course is designed to teach the skills necessary to respond to breathing and cardiac emergencies in a safe, timely, and effective manner. Training includes the skills and knowledge needed to provide care for victims in sudden cardiac arrest through the use of an automated external defibrillator (AED). Upon completion of the course, students will receive a Heart saver CPR AED course completion card, valid for two years.	Fran Newman	Tuesday	8am to 12pm
What's on Your Mind	Quick decisions save time and energy, but sometimes those knee-jerk reactions lead to bad choices. That's because biases impact our thinking every day. This interactive course is designed to introduce participants to common mental biases that lead to errors during busy, unplanned, dangerous or event-triggering actions. Discussion will also include specific techniques and countermeasures for improving personal error detection and recovery.	Joe Estey	Tuesday	8am to 10am
Front Desk Safety and Security & Active Shooter Training	According to the FBI, active shooter incidents are on the rise and the majority of them occur in places of business where sadly no sector or work environment is immune to the possibility of these incidents. If you are a front desk professional your organization counts on you to handle any situation that walks through the front door. This course is designed to educate business professionals and law enforcement personnel about workplace violence and the Active Shooter phenomenon. Some of the topics will include recognizing and realizing the responsibility of workplace violence prevention, pathway to violence, personal safety plans and key components, identify and comprehend violent behavior pre-indicators, and many other important topics. At the end of this course students will receive a certification issued by the Twin Falls Police Dept.	Captain Matt Hicks	Tuesday	8:30am to 11:30 am

10 Steps to Reduce Worker's Compensation Costs	Workers' compensation has fast become a leading cost factor in any industry. This course was designed to help explain the cultural and operational errors that are increasing costs and decreasing company efficiency. Learn what changes can be made to improve the bottom line as well as overall business operations. Topics include: What is a true safety culture, what are the key components to a safety culture, how is an experience modification calculated and how to improve this experience modification.	Debra Rose	Tuesday	10am to 11am
Confusion is Expensive - Email and Social Media Marketing	How much is unclear messaging costing you? Stop wasting money on marketing that doesn't work and learn a better way to grow your business, engage your audience, and create a lasting impact. This course is designed to walk you through the basics of creating a strong brand story to use in your marketing efforts and the best way to use social media marketing to engage your audience and grow your business.	Amy Schutte	Tuesday	10am to 12pm
Electrical Hazard Awareness & Demo	In a fraction of a second, an electrical incident can claim lives and cause permanently disabling injuries. This course is designed to give a brief overview of the NFPA 70E's purpose, contents and application to individuals with experience in the electrical and or safety fields. It is not designed to replace a full NFPA 70E course, but to raise awareness about 70E and the critical role it plays in establishing an OSHA compliant and electrically safe workplace. Topics covered will include: electrical safety culture, hazard awareness, OSHA requirements, overview of NFPA 70E concepts, control of hazardous energy, arc flash hazard analysis methods, and PPE. There will also be an Electrical Safety 15kV Board Demo that will graphically illustrate the hazards associated with electrical transmission or distribution line contact. Scenarios covered include overhead and underground contacts by equipment and personnel, including step-touch potential concerns. Learners are encouraged to be active in the conversation by asking questions related to these, or other scenarios.	Liz Haugee	Tuesday	10am to 12pm
Injury Prevention: Ergonomics with an Emphasis on Back Health	The human body is a fragile system, and we put many demands on it every day. Activities like reaching for supplies, sitting in front of a computer for hours, and moving heavy products can take a toll on our bodies. It may sound cliché that an ounce of prevention is worth a pound of cure, but it is a true and practical method. Ergonomics will not fully stick unless fundamental principles are taught and integrated. This course is designed as a foundational resource to debunk myths and lead to successful prevention of injury.	Dr. Bryan Wright	Tuesday	1pm to 3pm
Developing Effective Safety Teams and Champions	In many organizations, committees and safety champions are responsible for creating a robust, proactive, and self-managed, approach to continuous safety environment. This course is designed as an introduction to helping team members develop skills required for defining, developing, and following a reliable process that guarantees consistent results.	Joe Estey	Tuesday	1pm to 3pm
Intro to Excavation	This introduction course is designed to teach about the role and responsibility of the employer to assign a competent leader at the excavation site and arm that person with the knowledge to perform the work properly. Topics include excavation hazards and control measures, soil analysis techniques, and protective system requirements and emergency response.	Troy Canoy	Tuesday	1pm to 3pm
Pre-treatment, Spill Response, and Water Safety	Industrial pre-treatment encompasses the treatment of wastewater from the facility to the municipal treatment facility. Pre-treatment is to ensure that pollutants discharged in wastewater do not adversely affect the operation or pass through the wastewater treatment plant and cause health or safety problems to the environment. Ensuring your employees know and understand the proper procedures to follow can make all of the difference in keeping it from going down the drain. This course is designed to cover basic pre-treatment, following a spill plan, and how to safely dump to the drains.	Rebekkah Maier	Tuesday	1pm to 3pm

OSHA 10 - Construction (Day 1)	The OSHA 10 Training Program for the Construction Industry provides training for workers and employers on the recognition, avoidance, abatement, and prevention of safety and health hazards in workplaces of the construction industry. The program also provides information regarding workers' rights, employer responsibilities, and how to file a complaint. Through this training, OSHA helps to ensure that workers are more knowledgeable about workplace hazards and their rights. Some topics include: Materials Handling, Hand and Power Tools, Excavations, Struck-By Hazards, Health Hazards in Construction, and many other exciting topics you do not want to miss. The 10-hour OSHA course is taught over a two day period and you MUST attend both days in order to receive an OSHA certification wallet card.	Randy Norris	Tuesday	1pm to 5pm
Using your QuickBooks Financial Statements, What Managers Need to Know	This course is designed to go through how to use the accounting information in your QuickBooks files to manage your organization. The course will start with key financial statement numbers to watch, then move to using the reporting and drill down features to manage. Course will also discuss key principles to follow to insure information is accurate when used in managing your organization.	Douglas Lincoln	Tuesday	3pm to 5pm
Working at Heights: Fall Protection Equipment	Falls are among the most common causes of severe work related injuries and deaths. When fall protection systems are put in place you are able to control and reduce the risk of injury and potential fatality. OSHA recommends that employees participate in annual fall protection training. This hybrid course is designed to introduce the different aspects of working from an elevated platform and how to properly use fall protections equipment. Modules include: Aerial Work Platforms (29 CFR 1926.453), Fall Protection (29 CFR 1926 Subpart M), and Ladder & Stairway Safety (29 CFR 1926 Subpart X).	Brandon Schmidt	Tuesday	3pm to 5pm
Protecting Temporary Workers	Protecting the safety and health of temporary workers is an increasingly hot topic. According to OSHA, research shows that temporary employees are at greater risk of workplace injury and illness than permanent employees. This course is designed to review the OSHA Temporary Initiative and what it means to the host employer and staffing agency and how they can create a safety partnership between them.	Jerry Paumier	Tuesday	3pm to 5pm
Implementing an ANSI Z10 Management Based System	Often safety takes a back seat to the operational performance or safety becomes a firefighting method, moving from crisis to crisis. Using the ANSI standards are an excellent method to build program support. The ANSI standard Z10 can help to set an annual course, goals to be achieved, and tasks that all departments can participate in achieving. What could you accomplish in 2018 if all departments were on board with KPIs. Bring your planner tools as this course is meant to be interactive and each participant will be setting a project outline to simply implement Z10.	Valerie Waterland	Tuesday	3pm to 5pm
WEDNESDAY, MARCH 28				
Course	Description	Instructor	Day	Time
OSHA 10 - Construction - Day Two	The OSHA 10 Training Program for the Construction Industry provides training for workers and employers on the recognition, avoidance, abatement, and prevention of safety and health hazards in workplaces of the construction industry. The program also provides information regarding workers' rights, employer responsibilities, and how to file a complaint. Through this training, OSHA helps to ensure that workers are more knowledgeable about workplace hazards and their rights. Some topics include: Materials Handling, Hand and Power Tools, Excavations, Struck-By Hazards, Health Hazards in Construction, and many other exciting topics you do not want to miss. The 10-hour OSHA course is taught over a two day period and you MUST attend both days in order to receive an OSHA certification wallet card.	Randy Norris	Wednesday	8am to 5pm

<p>Our Aging Workforce: What to Expect</p>	<p>Everyday we are all as old as we have ever been, and as young as we will ever be again. What changes can we expect to see not only in ourselves but in our workforce as the years turn into decades? This course is designed to use humor while educating to the expected age-related physical and cognitive changes. Training will also include what to expect for yourself and your employees about age-related changes. We will also provide tips for offering a work environment in which older employees can continue successfully contributing to the desired employer outcomes.</p>	<p>Lori Fletcher</p>	<p>Wednesday</p>	<p>8am to 10am</p>
<p>Could You Learn From You? - Keys to Adult Learning: Part 1</p>	<p>Adult learners are fundamentally different in their methods of learning in comparison with children. Achieving maximum retention from training requires a keen understanding of generational and personality differences, learning styles, and technological preferences. This course is designed to provide a basic understanding of the four generations, how they see the world, and bring forward some of the common myths about each group. Don Tyler will also share several lessons from his 38 years as a Livestock Producer and Management Coach, helping participants enhance the effectiveness of their safety training programs.</p>	<p>Donald Tyler</p>	<p>Wednesday</p>	<p>8am to 10am</p>
<p>Incident Investigation: Safety Incident Management and Investigation</p>	<p>Investigating worksite incidents, such as injuries, illnesses, or close calls, provides employers and employees the opportunity to identify hazards in their operations and shortcomings in their safety and health programs. Most importantly, it enables employers and workers to identify and implement the corrective actions necessary to prevent future incidents. This course is designed to cover the methods for managing, investigating, and documenting incidents. Participants will be able to use what is taught from the course and apply critical thinking skills to conduct an incident investigation and pinpoint causes and preventatives for future injuries.</p>	<p>Dan Clark</p>	<p>Wednesday</p>	<p>9am to 11am</p>
<p>Drug & Alcohol Reasonable Suspicion Training</p>	<p>Department of Transportation agencies require all supervisors and company officials to be trained in the signs and symptoms of drug abuse and alcohol misuse. This course is designed to provide information to officials to help them determine whether reasonable suspicion exists to require employees to undergo testing. The modules discussed include the five components of a drug free workplace, creating a comprehensive drug and alcohol policy, reasonable suspicion testing, motivational factors of abusers, dealing with abusing employees, signs and symptoms of abuse, approach and confrontation techniques, and documentation and recordkeeping. This course will meet the DOT requirements.</p>	<p>Lisa Edinborough</p>	<p>Wednesday</p>	<p>10am to 12pm</p>
<p>The Next Evolution of BBS - A Systems Approach</p>	<p>Behavior based safety has some excellent tools for engaging employees to "SEE" potential hazards or hazardous behaviors. What it often lacks is the culture, communication, and system to be effective. We hear safety is everyone, or behavior is a line management function, or behavior is yours. What this approach misses is the system that drives the behavior. Behavior is not produced in a silo of your brain. It is influenced and driven by the organizational culture supporting it. This course is designed to evaluate and improve the system to affect the behavior changes. The session will also discuss how to implement RCA strategies to evaluate the system and will provide auditing techniques and communication enhancements to really make the BBS work.</p>	<p>Valerie Waterland</p>	<p>Wednesday</p>	<p>10am to 12pm</p>
<p>Confined Space</p>	<p>Over 1 million workers enter a confined space on an annual basis. Serious injury or death in a confined space can be the result of asphyxiation, engulfment, electric shock, falls, and heat stress. OSHA estimates that 85 percent of these accidents can be prevented if proper safety and precautions at job sites are initiated. This course is designed to protect those entering or working around a confined space. In this course you will learn the physical, chemical, and biological principles related to safe working with confined spaces.</p>	<p>Matt Johnson</p>	<p>Wednesday</p>	<p>10am to 11am</p>
<p>Addressing the Six Key Areas of Capital Accumulation and Protection</p>	<p>This popular and motivating presentation addresses six key areas of personal planning: Asset Protection, Retirement Planning, Income Tax Reduction, Capital Risk, Income Protection, and Estate Planning; and, is based on the premise that if these six key areas are adequately addressed, a client's capital accumulation and protection plans should be sufficient. However, if just one key area is overlooked, significant losses may result. Help your clients address each of these key areas to maximize gains and minimize losses.</p>	<p>David Hand</p>	<p>Wednesday</p>	<p>11am to 12pm</p>

Effective Training Methods	There are numerous methods and materials for training with certain advantages and disadvantages, however not every method is effective. This course is designed to maximize the effectiveness of safety training by developing training objectives and various methods of training delivery to improve workplace safety.	Dan Clark	Wednesday	1pm to 3pm
Flagging: Basic Traffic Control	This course is designed to provide flaggers with the basic knowledge and information to perform their jobs safely. The training will include topics such as operating in a safe manner, directing traffic to protect highway construction workforce, and rules and regulations of proper traffic control.	Mike Stowell	Wednesday	1pm to 5pm
Could You Learn From You? Part 2	Adult learners will require different types of expectations, demands, and challenges. The key is to accommodate to these needs and work in a manner that is most effective and engaging for them. Most managers are great during production, but have very little training in adult education. Don Tyler has worked with over 400 businesses in his career as a Management Coach. During this course he will share practical techniques that bring diverse individuals and generations together to enhance retention and achieve the behavioral change needed to ensure safety.	Donald Tyler	Wednesday	1pm to 3pm
Warehouse Safety	This course is designed to help prevent accidents and injuries while working in the warehouse and loading docks. Training will include knowing basic workplace hazards and how employees can protect themselves, hazards involved in handling and storage of materials, prevention and elimination of work-related casualties through proper personal protective equipment (PPE), and best practices for pedestrians and powered industrial trucks.	Eric Lowe	Wednesday	1pm to 3pm
Anger: Just One Letter Short of Danger	If you have angry employees in your workplace or you yourself are angry you may end up reporting more medical injuries on the job. Many individuals don't think or realize the weight of anger and that anger can more than quadruple a person's odds of being injured on the job. There are many ways to prevent and manage anger, which if obtained, consequently leads to better safety. This course is designed to take you step by step through ways to remain calm and diffuse anger in the workplace and in our personal lives.	Rebekah Yancey	Wednesday	3pm to 5pm
Cyber Security	In today's time we live in a world where we live online. We do our shopping online, pay our bills online, and work online. Due to this we need to protect our information from being disrupted or misused. This course is designed as an introduction to how to recognize the threats that could harm you online and the steps to reduce the chances of it happening to you or your company.	Rebecca Barr	Wednesday	3pm to 5pm
Lockout-Tag out	Workplaces are full of hazards that can severely injure. One such hazard is the unexpected starting of machines or other unplanned releases of hazardous energy. This program trains your employees in the proper methods to control hazardous energy to prevent injuries and save lives. The lockout/tag out course is based on the OSHA Lockout/Tag out standard: The Control of Hazardous Energy Source Standard (29CFR 1910.147). Topics include: Required Steps to an Effective LOTO, Types and Sources of Hazardous Energy, and Use of locks/tags, energy isolating devices (EID's), and other control methods.	Christina Keyes	Wednesday	3pm to 5pm
Chemical Safety	When tasked with thinking about safety hazards, many will first think of items such as slips, falls, and cuts. However, it is often chemicals in the workplace that present one of the greatest risks. This course is designed to provide basic information about chemical hazards and toxic substances in the workplace along with reading and knowing the importance of reading labels and safety data sheets.	J Wing	Wednesday	3pm to 5pm